

## **M** APPETIZERS

<b>STEAMED P.E.I. MUSSELS</b> White Wine, Lemon, Butter & Garlic	10	<b>MINI CHEESE BURGERS</b> Swiss Cheese & Tabasco Fried Onions	10
<b>PANKO CRUSTED CHICKEN FINGERS</b> Buffalo or Horseradish-Worcestershire Sauce	8	<b>CRAB CAKES</b> Tropical Fruit Salsa & Spicy Aioli	11
<b>GRILLED CHICKEN QUESADILLA</b> Pepper Jack Cheese, Pico Di Gallo & Sour Cream	10	<b>SPINACH &amp; ARTICHOKE DIP</b> Served with Fried Pita Bread	9
<b>BANG BANG SHRIMP</b> Sweet & Spicy Jumbo Shrimp, Cool Dipping Sauce	11	<b>GRILLED PESTO FLAT BREAD</b> Hummus, Marinated Tomatoes, Olives	9
<b>FRIED PICKLES</b> Panko Crusted Pickles & Ranch Dressing	8	<b>SPICY FRIED CALAMARI</b> Marinara & Lemon	10
<b>CHEESE &amp; BACON TATOR TOTS</b>	10	<b>COCONUT BUFFALO SHRIMP</b> Blue Cheese Dressing	11

## **M** SALADS

<b>CLASSIC CEASAR SALAD</b> Romaine, Parmesan, Croutons, Caesar Dressing	7
<b>HOUSE SALAD</b> Mixed Greens, Imported Olives, Chopped Tomatoes, Roasted Red Peppers & Shredded Carrots, Red Onions in a Balsamic Vinaigrette	8
<b>COBB SALAD</b> Mixed Greens tossed in Ranch Dressing with Bacon, Tomatoes, Hard Boiled Eggs, Grilled Chicken, Red Onions, Blue Cheese & Avocado	11
<b>APPLE &amp; WARM GOAT CHEESE</b> Mixed Greens, Pine Nuts, Tomatoes, Red Onion, in our Signature Raspberry Vinaigrette	10
<b>COCONUT SHRIMP</b> Baby Spinach, Chopped Avocado, Tomato, Red Onion Dried Cherries & Crumbled Blue Cheese tossed in a Sweet Honey Mustard Dressing	12
<b>SOUTHWESTERN CHICKEN</b> Crispy Tortilla Strips, Mixed Greens, Fresh Corn Avocado, Salsa, Black Beans, Tomato, Sour Cream in a Tequila Lime Vinaigrette	10

<p><b>ADD TO YOUR SALAD</b> Chicken or Bacon 4, Steak or Grilled Shrimp 7, Salmon 8</p>
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## **M** PASTAS

<b>SPINACH &amp; PORTABELLO RAVIOLI</b> Marinara Sauce Topped with Parmesan Cheese	14
<b>FARFALLE CHICKEN</b> Grilled Chicken, Sun Dried Tomatoes In a Tomato Basil Cream Sauce Topped with Parmesan Cheese	14
<b>MAC &amp; CHEESE</b> Macaroni tossed with Mascarpone, Aged Cheddar Parmesan & Gruyere Cheese with Tomatoes & Roasted Mushrooms	9/14

# **M SANDWICHES**

<b>BURGER</b> 8 Oz Certified Angus Beef, Grilled to order and Served with French Fries Lettuce, Tomato, Onion and Pickle	<b>11</b>
<b>CHICKEN SANDWICH</b> Grilled Chicken Breast, Tomato Salsa, Jalapeno Cheese Avocado & Chipotle Mayonnaise on Seven Grain Bread, Served with French Fries	<b>10</b>
<b>HOUSEMADE VEGGIE BURGER</b> Roasted Mushrooms, Red, Green & Napa Cabbage, Onions, Garlic, Carrots, Lentils, Eggplant, Rice, Tofu, Potatoes, Bread Crumbs & Fresh Herbs Served with a Salad	<b>10</b>
<b>TUNA WRAP</b> Pan Seared Rare Tuna, Asian Style Vegetables, Teriyaki Sauce & Wasabi Mayonnaise, Served with Salad	<b>11</b>
<b>STEAK WRAP</b> Grilled Hanger Steak Tips, Caramelized Onions Goat Cheese & Horseradish Cream, Served with Salad	<b>12</b>

# **M ENTREES**

<b>STUFFED CHICKEN BREAST</b> Goat Cheese, Sundried Tomatoes and Spinach in a White Wine Cream Sauce Served with Mashed Potatoes	<b>17</b>
<b>SMOKED BBQ BABY BACK RIBS</b> Corn on the Cob & Sweet Potato Fries	<b>18</b>
<b>PAN ROASTED SALMON</b> Roasted Lentils & Tomatoes, Wholegrain Mustard Sauce	<b>19</b>
<b>CHAR GRILLED HANGER STEAK</b> Tator Tots, Grilled Asparagus, Onions Rings & Whiskey Cream Sauce	<b>19</b>
<b>CHICKEN TIKKA MASALA</b> Creamy Spicy Indian Curry, Served with Basmati Rice & Garlic Naan Bread	<b>16</b>
<b>PAN ROASTED TILAPIA FILET</b> Capers, Olives & Tomatoes, Served with Basmati Rice & a Garlic Butter Sauce	<b>15</b>
<b>BRAISED SHORT RIBS</b> Mashed Potatoes, Sautéed Mushrooms & Onions	<b>20</b>

<b>Side Salad</b>	<b>4</b>	<b>Lentils &amp; Tomatoes</b>	<b>5</b>
<b>Garlic Naan Bread</b>	<b>4</b>	<b>Mixed Vegetables</b>	<b>5</b>
<b>Sweet Potato Fries</b>	<b>5</b>	<b>Basmati Rice</b>	<b>5</b>
<b>Mashed Potatoes</b>	<b>5</b>	<b>Sautéed Spinach</b>	<b>5</b>

Please advise us of any food allergies you may have in advance